London Silver Dolphins - Twenty-Third Annual 5 km St Marys Swimming Championships
2004 Masters Swimming Ontario 5 km Championship

12th September 2004 - St Marys Quarry, Ontario - water 22°C - air 24°C
Clear blue sky, No wind.

LADIES

18-24

Catherine LANGLOIS 22	UNON	1:58:46

25-29

Carolyn M[ac]LEOD 28	NYG	1:31:31
Carolyn PREBBLE 29	BRCK	1:38:50
Maggie GRAHAM 26	TYMS	1:38:57
Jeannie DOIG 28	TYMS	2:00:23

30-34

Charlene BUTLER 31	UNON	2:02:37
Yuen-Ping LEUNG 32	NYG	2:41:52

35-39

Carol BOOST 35	UNON	1:25:03
Dianne FORSEY 39	NYG	1:33:09

40-44

Lynn MARSHALL 43	CAPS	1:10:57
Kelly LYONS 41	NYG	1:27:42

45-49

Marilyn KORZEKWA 47	UNON	1:44:18
Sue WEIR 48	TYMS	DNF - 6 Laps

50-54

Jean QUILTER 50	NYG	1:39:11
Rosemary COOKE 51	WYM	2:19:07

55-59

Wendy WAGLAND 57	1000	1:34:46

60-64

Kathy RATTRAY 64	BURL	2:13:16

65-69

Beverley TUCKER 69	TYMS	2:12:26
Jacqueline ODLUM 65	UNON	2:23:36

BA denotes Backstroke
BR denotes Breaststroke
Rec denotes a new Record

MEN

18-24 No swimmers in this age-group.
25-29 No swimmers in this age-group.

30-34

Michael PALMER 31	ETOB	1:39:50	

35-39

Richard BEACROFT 36	BARR	1:13:37	
Bud SEAWRIGHT 38	ETOB	1:19:36	
Rob PARDY 39	UNON	1:27:39	
Scott GIBSON 38	UNON	1:28:10	

40-44

Robert TEASDALE 40	STRY	1:27:32	
Tim DAWKINS 44	UNON	1:40:12	
Bahman MINOO 42	ETOB	1:52:14	

45-49

Doug VANDERBY 45	NT	1:13:55	Rec
Wieslaw MUSIAL 47	TYMS	1:15:44	
Ralph RIEPER 45	NYG	1:21:13	
Geoff CAMP 45	ETOB	1:40:20	
Peter Horner, Jr 48	Michigan	1:43:17	
Robert MILLER 47	NT	1:58:38	BR
John STIBRANY 45	ETOB	2:11:23	BR
Dan LEFEBVRE 49	UNON	DNF - 9 Laps	BA

50-54

John POTOCSKA 53	ETOB	1:40:52	BA
Pat BEALS 51	BARR	1:48:16	

55-59

Peter WEEDON 55	Bermuda	1:28:46	
Jim McINNES 58	ROW	1:39:05	

60-64

Bryan FINLAY 61	LSD	1:49:13	BA Rec
Jerzy RABIEJ 62	UNON	2:11:08	
Luis RUIZ 60	UNON	2:20:41	

65-69

John CONVEY 66	BRCK	1:45:00	

70-74

George MILNE 72	TYMS	1:36:28	

75-79

Ken MARCHANT 77	CAM	2:28:45	

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1	Lynn MARSHALL 42	CAPS	1:10:57	
2	Richard BEACROFT 36	BARR	1:13:37	
3	Doug VANDERBY 45	NT	1:13:55	Rec
4	Wieslaw MUSIAL 47	TYMS	1:15:44	
5	Bud SEAWRIGHT 38	ETOB	1:19:36	
6	Ralph RIEPER 45	NYG	1:21:13	
7	Carol BOOST 35	UNON	1:25:03	
8	Robert TEASDALE 40	STRY	1:27:32	
9	Rob PARDY 39	UNON	1:27:39	
10	Kelly LYONS 41	NYG	1:27:42	
11	Scott GIBSON 38	UNON	1:28:10	
12	Peter WEEDON 55	Bermuda	1:28:46	
13	Carolyn M[ac]LEOD 28	NYG	1:31:31	
14	Dianne FORSEY 39	NYG	1:33:09	
15	Wendy WAGLAND 57	1000	1:34:46	
16	George MILNE 72	TYMS	1:36:28	
17	Carolyn PREEBLE 29	BRCK	1:38:50	
18	Maggie GRAHAM 26	TYMS	1:38:57	
19	Jim McINNES 58	ROW	1:39:05	
20	Jean QUILTER 50	NYG	1:39:11	
21	Michael PALMER 31	ETOB	1:39:50	
22	Tim DAWKINS 44	UNON	1:40:12	
23	Geoff CAMP 45	ETOB	1:40:20	
24	John POTOCSKA 53	ETOB	1:40:52	BA
25	Peter HORNER, Jr 48	Michigan	1:43:17	
26	Marilyn KORZEKWA 47	UNON	1:44:18	
27	John CONVEY 66	BRCK	1:45:00	
28	Pat BEALS 51	BARR	1:48:16	
29	Bryan FINLAY 61	LSD	1:49:13	BA Rec
30	Bahman MINOO 42	ETOB	1:52:14	
31	Robert MILLER 47	NT	1:58:38	BR
32	Catherine LANGLOIS 22	UNON	1:58:46	
33	Jeannie DOIG 28	TYMS	2:00:23	
34	Charlene BUTLER 31	UNON	2:02:37	
35	Jerzy RABIEJ 62	UNON	2:11:08	
36	John STRIBRANY 45	ETOB	2:11:23	BR
37	Beverley TUCKER 69	TYMS	2:12:26	
38	Kathy RATTRAY 64	BURL	2:13:16	
39	Rosemary COOKE 51	WYM Quebec	2:19:07	
40	Luis RUIZ 60	UNON	2:20:41	
41	Jacqueline ODLUM 65	UNON	2:23:36	
42	Ken MARCHANT 77	CAM	2:28:45	
43	Yuen-Ping LEUNG 32	NYG	2:41:52	

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LAP SPLITS											
Name	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**	**9**	**10**	**11**
LADIES 18-24											
Catherine LANGLOIS 22	0:08:40	0:18:15	0:28:10	0:38:30	0:49:00	0:59:45	1:11:00	1:22:30	1:34:30	1:46:40	1:58:46
LADIES 25-29											
Carolyn M[ac]LEOD 28	0:07:25	0:15:25	0:23:35	0:31:50	0:40:10	0:48:30	0:57:00	1:05:40	1:14:15	1:22:50	1:31:31
Carolyn PREBBLE 29	0:08:00	0:16:45	0:25:25	0:34:15	0:43:05	0:52:10	1:01:20	1:10:45	1:20:05	1:29:40	1:38:50
Maggie GRAHAM 26	0:07:55	0:16:20	0:24:55	0:33:40	0:42:30	0:51:35	1:00:40	1:10:15	1:19:50	1:29:30	1:38:57
Jeannie DOIG 28	0:09:15	0:19:15	0:29:50	0:40:40	0:51:30	1:02:45	1:14:25	1:26:25	1:37:50	1:49:20	2:00:23
LADIES 30-34											
Charlene BUTLER 31	0:09:50	0:20:25	0:31:05	0:41:50	0:52:55	1:04:00	1:15:10	1:26:45	1:38:35	1:50:30	2:02:37
Yuen-Ping LEUNG 32	0:12:05	0:25:15	0:39:05	0:53:25	1:08:10	1:23:40	1:39:05	1:54:50	2:10:30	2:26:20	2:41:52
LADIES 35-39											
Carol BOOST 35	0:06:52	0:14:23	0:21:53	0:29:29	0:37:11	0:44:52	0:52:40	1:00:28	1:08:34	1:16:42	1:25:03
Dianne FORSEY 39	0:07:29	0:15:33	0:23:43	0:32:02	0:40:40	0:48:56	0:57:36	1:06:18	1:15:05	1:24:01	1:33:09
LADIES 40-44											
Lynn MARSHALL 43	0:06:03	0:12:27	0:18:51	0:25:15	0:31:38	0:38:02	0:44:39	0:51:16	0:57:53	1:04:29	1:10:57
Kelly LYONS 41	0:07:30	0:15:05	0:22:49	0:30:38	0:38:25	0:46:24	0:54:23	1:02:36	1:11:00	1:19:12	1:27:42
LADIES 45-49											
Marilyn KORZEKWA 47	0:08:28	0:17:30	0:26:24	0:35:36	0:44:57	0:54:24	1:03:55	1:13:39	1:23:44	1:33:54	1:44:18
Sue WEIR 48	0:08:43	0:18:06	0:27:40	0:37:43	0:48:05	0:59:34					
LADIES 50-54											
Jean QUILTER 50	0:08:18	0:17:03	0:25:44	0:34:39	0:43:36	0:52:46	1:01:46	1:11:00	1:20:18	1:29:40	1:39:11
Rosemary COOKE 51	0:10:24	0:21:38	0:33:20	0:45:24	0:58:05	1:11:27	1:25:07	1:38:37	1:52:22	2:05:41	2:19:07
LADIES 55-59											
Wendy WAGLAND 57	0:07:42	0:15:54	0:24:14	0:32:40	0:41:07	0:49:49	0:58:30	1:07:25	1:16:26	1:25:30	1:34:46
LADIES 60-64											
Kathy RATTRAY 64	0:11:08	0:22:51	0:34:39	0:46:40	0:58:55	1:11:02	1:23:13	1:35:39	1:48:02	2:00:35	2:13:16
LADIES 65-69											
Beverley TUCKER 69	0:10:29	0:23:11	0:34:46	0:46:19	0:58:05	1:10:25	1:22:37	1:35:01	1:47:10	1:59:35	2:12:26
Jacqueline ODLUM 65	0:12:13	0:24:49	0:37:55	0:51:10	1:04:27	1:17:53	1:31:17	1:44:28	1:57:29	2:10:34	2:23:36

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LAP SPLITS											
Name	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**	**9**	**10**	**11**
MEN 30-34											
Michael PALMER 31	- - -	0:16:47	0:25:24	0:34:22	0:43:37	0:52:55	1:02:33	1:11:49	1:21:13	1:30:40	1:39:50
MEN 35-39											
Richard BEACROFT 36	0:06:00	0:12:29	0:19:02	0:25:41	0:32:23	0:39:06	0:45:57	0:52:50	0:59:50	1:06:45	1:13:37
Bud SEAWRIGHT 38	0:06:45	0:13:45	0:21:03	0:28:17	0:35:27	0:42:46	0:50:12	0:57:36	1:04:53	1:12:18	1:19:36
Rob PARDY 39	0:06:55	0:14:23	0:22:07	0:30:03	0:38:09	0:46:21	0:54:34	1:02:54	1:11:11	- - -	1:27:39
Scott GIBSON 38	0:07:23	0:15:21	0:23:21	0:31:30	0:39:33	0:47:39	0:55:42	1:03:42	- - -	1:20:02	1:28:10
MEN 40-44											
Robert TEASDALE 40	0:07:30	0:15:15	0:23:10	0:31:07	0:39:05	0:47:10	0:55:20	1:03:22	1:11:22	1:19:25	1:27:32
Tim DAWKINS 44	0:08:17	0:16:42	0:25:19	0:33:56	0:42:45	0:51:55	1:01:15	1:10:38	1:20:30	1:30:15	1:40:12
Bahman MINOO 42	0:09:25	0:19:08	- - -	0:38:35	0:48:35	0:58:40	1:08:59	1:19:40	1:30:05	- - -	1:52:14
MEN 45-49											
Doug VANDERBY 45	0:06:20	0:12:52	0:19:26	0:26:05	0:32:48	0:39:35	0:46:24	0:53:22	1:00:22	1:07:13	1:13:55
Wieslaw MUSIAL 47	0:06:25	0:13:05	0:19:49	0:26:42	0:33:35	0:40:30	- - -	0:54:28	1:01:30	1:08:40	1:15:44
Ralph RIEPER 45	0:06:48	0:13:59	0:21:13	0:28:32	0:35:50	0:43:15	0:50:47	0:58:18	1:05:52	1:13:35	1:21:13
Geoff CAMP 45	0:08:20	0:17:20	0:26:15	- - -	0:44:50	0:54:10	1:03:30	1:12:50	1:22:10	1:31:30	1:40:20
Peter Horner, Jr 48	0:08:35	0:17:35	0:26:35	0:35:30	0:44:35	0:53:50	1:03:20	1:12:53	1:22:40	1:32:40	1:43:17
Dan LEFEBVRE 49	0:11:20	0:23:00	0:34:55	0:46:20	0:58:00	1:09:35	1:20:59	1:32:59	1:44:18	- - -	- - -
Robert MILLER 47	0:10:00	0:19:59	0:30:30	0:40:59	- - -	- - -	- - -	1:24:20	1:35:30	1:47:09	1:58:38
John STIBRANY 45	0:10:42	0:22:03	0:33:40	0:45:26	0:57:18	1:09:21	1:21:36	1:33:48	1:46:10	1:58:49	2:11:23
MEN 50-54											
John POTOCSKA 53	0:08:33	0:17:21	0:26:12	0:35:15	0:44:26	0:53:38	1:02:57	1:12:28	1:22:01	1:31:32	1:40:52
Pat BEALS 51	0:09:32	0:19:08	0:28:44	0:38:29	0:48:06	0:57:48	1:07:45	1:17:46	1:28:18	1:38:12	1:48:16
MEN 55-59											
Peter WEEDON 55	0:07:43	0:15:36	0:23:25	0:31:22	0:39:23	0:47:27	0:55:40	1:03:56	1:12:18	1:20:40	1:28:46
Jim McINNES 58	0:08:19	0:17:00	0:25:45	0:34:37	0:43:36	0:52:39	1:01:41	1:11:01	1:20:20	1:29:48	1:39:05
MEN 60-64											
Bryan FINLAY 61	0:08:48	0:18:28	0:28:16	0:37:59	0:48:04	0:58:10	1:07:50	1:17:57	1:28:21	1:38:36	1:49:13
Jerzy RABIEJ 62	0:11:07	0:22:36	0:34:18	0:46:05	0:58:14	1:10:16	1:22:22	1:34:18	1:46:12	1:58:05	2:11:08
Luis RUIZ 60	0:11:21	0:23:36	0:36:02	0:48:34	1:01:17	1:14:07	1:26:58	1:40:22	1:53:30	2:07:04	2:20:25
MEN 65-69											
John CONVEY 66	0:09:14	0:18:50	0:28:02	0:37:49	0:47:10	0:56:36	1:05:55	1:15:25	1:25:10	1:34:56	1:45:00
MEN70-74											
George MILNE 72	0:08:19	0:16:55	0:25:30	0:34:28	0:42:57	0:51:41	1:00:29	1:09:20	1:18:27	1:27:24	1:36:28
MEN 75-79											
Ken MARCHANT 77	0:12:15	0:25:15	0:38:20	0:51:23	1:04:53	1:20:38	1:34:06	1:47:57	2:01:46	2:15:34	2:28:45