SOLO SWIMS OF ONTARIO INC. (S.S.O.) CONSTITUTION

ARTICLE I - NAME

- A. The name of the organization shall be "Solo Swims of Ontario", hereinafter referred to as the "S.S.O.".
- B. Solo Swims of Ontario is a non-profit organization founded and approved by the Provincial Government of Ontario, June 16, 1975. S.S.O. was registered as a Canadian Charity on December 1, 2004 with registration number 88097 4134 RR0001.

ARTICLE II - PURPOSE

The objectives of the S.S.O. shall be:

- A. To facilitate the safety of solo long distance swimming in Ontario by providing safety guidelines and regulations.
- B. To provide qualified personnel for S.S.O. sanctioned solo swims.
- C. To assist swimmers and coaches with safety information regarding training and resources.
- D. To maintain records and data on sanctioned solo swim attempts in Ontario.
- E. To regulate and sanction each solo swim in Ontario and to assign a Swim Master to officiate each swim.
- F. To liaise with responsible authorities and media regarding sanctioned solo swim attempts.

ARTICLE III - MEMBERSHIP

Membership shall be in two categories: active members, and advisory members. The active members shall consist of a minimum of five and a maximum of nine individuals. The advisory members shall be made up of knowledgeable people who are willing to assist this sport. Membership is open to all residents of Ontario who are interested in supporting the above objectives.

ARTICLE IV - OFFICERS

Officers of the active members shall consist of the president, vice-president, secretary, and treasurer. The advisory and active members shall be elected by the active members. The term of office of active members shall be one year and five years for advisory members. All Swim Masters shall be either active or advisory members.

ARTICLE V - QUORUM

The right to vote shall be restricted to the active members. For general business meetings forty percent of active members shall

constitute a quorum. Financial matters may be decided by a fifty percent majority vote of the active members present at a general business meeting. Constitutional changes shall be dealt with at meetings with a minimum vote of two thirds of the active members present.

ARTICLE VI - MEETINGS

The active members shall meet for general business meetings as needed. All active members shall be notified of meetings by the secretary or designate. The annual meeting shall take place for the purpose of hearing officers written reports and the election of officers. Meetings shall be conducted in accordance with Roberts Rules of Order.

ARTICLE VII - RESIGNATION OF OFFICERS

In the case of the resignation of an officer before the end of any term, the active members will elect another officer until the following annual meeting.

ARTICLE VIII - ATTENDANCE

Any active member missing three consecutive meetings without justified cause shall be removed from the active membership by a majority vote of active members.

ARTICLE IX - FINANCES

Financial year end shall be November 30 and the treasurer will provide a financial report to the annual meeting.

ARTICLE X - QUALIFICATIONS

The S.S.O. will establish qualifications for their personnel involved in marathon swimming. These qualifications and safety rules will be adopted by a majority vote at a business meeting and published in the Solo Swims of Ontario Regulations and Information (S.S.O.R.I).

ARTICLE XI - NON-PROFIT

The S.S.O. shall be carried on without purpose of gain for its members. Any profits or other gains to the organization shall be used in promoting its objectives.

Revisions Approved, June 14, 2011, as detailed in Board Minutes dated March 29, 2012.